



Here's what some of our Students had to say . . .

- We learned how to improve our self-esteem
- We learned how to make better decisions.
- We learned how to set goals.
- We improved our GPA
- We learned how to control our anger.
- We learned how to communicate better with our peers, and family members.
- We learned how to become active listeners.
- We improved our attendance.
- We got to know our classmates better because the classes were smaller.



**Contact the SNMHD
Prevention Department for
more information:**

505-882-5101



For more information contact the
SNMHD Prevention Department
P.O. Box 2285

**SOUTHERN NM
HUMANDEVELOPMENT,
INC.**



**Reconnecting
Youth**

**YOUR COMMUNITY
BEHAVIORAL HEALTH
AGENCY**

Reconnecting Youth School Based Program

Reconnecting Youth, called **RY** for short.

This school program explores the decisions high-risk youth face and the consequences of actions taken based on their decisions.

Program Components

- ◆ **Support**
- ◆ **Skills Training**
- ◆ **Monitoring**
- ◆ **School and Parent Reinforcement**



The fundamental program component of **RY** is group work in order to enhance:

- ◆ Group Belonging
- Support and help from peer-group members
- Support and help from the group leader

Another essential program component is life-skills training in order to enhance:

- Self-Esteem Enhancement Skills
- Decision Making Skills
- Personal Control Skills
- Interpersonal Communication Skills

For more information contact the
SNMHD Prevention Department
P.O. Box 2285
Las Cruces, NM 88004
Phone: 505-882-5101
Web site: www.snmhd.org

GOALS & OBJECTIVES OF RY

- ◆ To increase school performance
- ◆ To decrease drug involvement
- ◆ To decrease suicide risk
- ◆ To increase mood management

